



# The National Survey of Children's Health

Overweight and Physical Activity Among Children:  
A Portrait of States and the Nation 2005

## Wyoming

All statistics are based on parental reports.

National %	State %	
14.8	8.7	<b>Percent of children who are overweight</b>
21.9	14.3	Age 10-11
14.4	8.6	Age 12-14
10.7	5.6	Age 15-17
22.4	15.5	0-99% Federal poverty level
19.0	9.3	100-199% Federal poverty level
13.7	8.0	2900-399% Federal poverty level
9.1	5.2	400% Federal poverty level or more
18.1	9.7	Male
11.5	7.5	Female
		<b>Percent of children who exercised or participated in physical activity for at least 20 minutes on 3 or more days during the past week</b>
71.3	76.8	Age 10-11
78.2	83.4	Age 12-14
74.2	79.6	Age 15-17
63.3	70.2	Male
76.8	80.5	Female
65.6	72.7	
		<b>Percent of children who were on a sports team or took sports lessons during the past 12 months</b>
58.6	69.7	Age 10-11
61.5	74.0	Age 12-14
61.6	71.9	Age 15-17
53.4	65.2	Male
62.1	70.3	Female
55.0	69.0	
72.9	78.3	<b>Percent of children with parents who exercise regularly</b>